Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) An adjustable mounting for hanging an object on a wall comprising:

a generally disc shaped mounting element having an eccentrically located hole extending therethrough, the disc also having a perimeter and a back surface that engages a front surface of the wall such that the mounting element and the front surface of the wall may exert frictional forces therebetween in a plane that is parallel to the front surface;

a threaded fastener passing through the hole in said mounting element and into said wall and adapted to be secured by said wall and tightened against said mounting element to press said mounting element against the front surface of said wall to a selective degree to create a sufficient frictional force between said surface of said wall and said mounting element to prevent rotation of said mounting element about said fastener or to be loosened to allow rotation of said mounting element on said fastener;

an engagement zone on said mounting element perimeter engageable with a hanging support attached to said object, said zone being located eccentrically with respect to said hole, the zone being vertically displaced when said mounting element is rotated about said fastener so as to position said object to a desired location on said wall, said mounting element thereafter able to be frictionally held against said wall surface in said desired location, so that an operator may adjust the object's vertical position solely from a front surface of the wall without recourse to a back surface thereof.

2-3. (Cancelled)

4. (Currently Amended) ~~The mounting according to claim 1~~ An adjustable mounting for hanging an object on a wall comprising:

a generally disc shaped mounting element having an eccentrically located hole extending therethrough, the disc also having a perimeter and a back surface that engages a front

surface of the wall such that the mounting element and the front surface of the wall may exert frictional forces therebetween in a plane that is parallel to the front surface;

a threaded fastener passing through the hole in said mounting element and into said wall and adapted to be secured by said wall and tightened against said mounting element to press said mounting element against the front surface of said wall to a selective degree to create a sufficient frictional force between said surface of said wall and said mounting element to prevent rotation of said mounting element about said fastener or to be loosened to allow rotation of said mounting element on said fastener; and

an engagement zone on said mounting element perimeter engageable with a hanging support attached to said object, said zone being located eccentrically with respect to said hole, the zone being vertically displaced when said mounting element is rotated about said fastener so as to position said object to a desired location on said wall, said mounting element thereafter able to be frictionally held against said wall surface in said desired location, so that an operator may adjust the object's vertical position from a front surface of the wall without recourse to a back surface thereof;

wherein the engagement zone comprises a groove that is defined by two series of teeth arranged about said perimeter lying on either side of said mounting element.

5. (Previously Presented) The mounting according to claim 4 wherein each of said series of teeth are flared outwardly away from each other to define said groove.

6. (Original) The mounting according to claim 5 wherein said teeth in each series are offset from each other.

7. (Previously Presented) The mounting according to claim 6 wherein a surface extends between each of said series of teeth, defining the bottom of said groove.

8. (Previously Presented) The mounting according to claim 7 wherein said groove surface is stepped, being further out radially adjacent one set of teeth relative to the second set of teeth.

9. (Previously Presented) The mounting according to claim 1 wherein said groove has continuous flared sides extending about said perimeter of said mounting element.

10. (Previously Presented) The mounting according to claim 1 wherein said fastener is threaded and is received in an anchor seated in said wall, and further including a counterbore at each end of said hole, one counterbore receiving a head of said threaded fastener and the other counterbore receiving a flange on said anchor.

11.-12. (Cancelled)

13. (Previously Presented) An adjustable mounting for hanging an object on a wall comprising:

a generally disc shaped mounting element having a perimeter and a generally back surface;

a fastener extending substantially normally to the back surface and passing through a hole located eccentrically in the mounting element and at least partially into the wall and being adapted for advancement into said wall and tightened against the mounting element to press the mounting element back surface against a front surface of the wall to a selective degree to create a sufficient frictional force between the surface of said wall and the back surface of the mounting element to prevent rotation of the mounting element about the fastener or to be selectively loosened to allow rotation of the mounting element on the fastener;

an engagement zone on the mounting element perimeter engageable with a hanging support attached to the object to be mounted thereon, the zone being located eccentrically with respect to the hole and so as to be shifted vertically when the mounting element is rotated about the fastener;

to thereby displace the engagement zone vertically and thus shift the object to a desired vertical position on the wall, the mounting element thereafter being able to be frictionally held against the wall surface in the desired vertical position by tightening of the threaded fastener against the mounting element to create the frictional force acting between the mounting element back surface and the wall surface;

wherein the engagement zone includes a groove that is defined by two series of teeth arranged about the perimeter lying on either side of the mounting element.

14. (Previously Presented) The mounting of claim 13, wherein each of the series of teeth are flared outwardly away from each other to define the groove.

15. (Previously Presented) The mounting of claim 14, wherein said teeth in each series are offset from each other.

16. (Previously Presented) The mounting of claim 15, wherein a surface extends between each of the series of teeth, defining the bottom of the groove.

17. (Previously Presented) The mounting of claim 16, wherein the groove surface is stepped, being further out radially adjacent one set of teeth relative to the second set of teeth.

18. (Previously Presented) The mounting of claim 1, wherein the hanging support is selected from the group consisting of a wire and a saw tooth fixture.

19. (Previously Presented) The mounting of claim 1, further including protrusions on the back surface of the mounting element to prevent slippage out of an adjusted position.